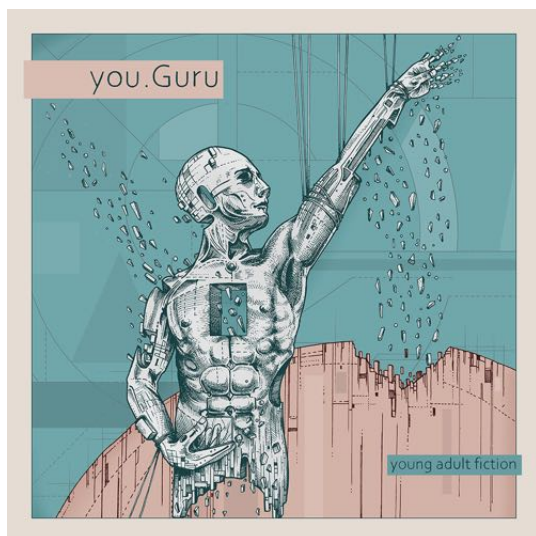


# you.Guru

Young Adult Fiction



## Tracklisting

1. Switch on the Truth
2. Pure Nothing
3. An Animated Song
4. Holy Sand
5. Acid Dance
6. The Secret Way to Reach Ben

## Label

Antena Krzyku

## Format

LP/Digital

## Release Date

September 20, 2020

## Web Utilities

### Band

[www.facebook.com/you.Guru.band](http://www.facebook.com/you.Guru.band)

[www.youguru.bandcamp.com/releases](http://www.youguru.bandcamp.com/releases)

[www.instagram.com/you.guru\\_band](http://www.instagram.com/you.guru_band)

### Label

<http://www.antenakrzyku.pl/>

## EPK & Downloads

<http://www.fiverosespress.net>

## Promo Agent

[agent.julien@fiverosespress.net](mailto:agent.julien@fiverosespress.net)

**you.Guru** are hailing from Poland. The band was formed out of the desire to experiment.

**you.Guru** is a musical reaction, a response to the strange days we live in. Their music balances between unpredictability, rhythm of trance loops and psychedelic melodies.

Another significant aspect of **you.Guru**'s music is the weight of experiences of the band members. They were previously involved in bands like **Innercity Ensemble**, **B.O.K**, **Something Like Elvis**, **Tissura Ani**, **Potty Umbrella** and **Upside Down**. The key to **you.Guru**'s music is the interpenetration of different aesthetics and inspirations.

September 20, 2020 will see the release of *Young Adult Fiction*, the band's debut album via polish label **Antena Krzyku**. The album includes 6 songs, combining various genres and musical concepts - rock drive, group improvisation, noise, psychedelic electronica and looped beats.

Despite so many implemented elements, the album is coherent and steers clear of overabundance. Nevertheless, a live performance is where the band really thrives.

**you.Guru** is

**Artur Maćkowiak** – guitar, electronics

**Michał Lutrzykowski** – bass

**Piotr Waliszewski** – drums